



# MentorYOU



MentorYOU is a group facilitated mentoring program focused on Social Emotional Learning

## PROGRAM DESCRIPTION

Mentoring Option.....	Group Facilitated Mentoring
BBBS Mentoring.....	Meets BBBSA Standards of Practice Including thorough evaluation and measurable outcomes
Target Population.....	Elementary Students Eligible for free lunch, low income households
Cohort Model.....	3rd and 4th grade classes enrolled in Fall 2022
Education Partner.....	2022 Seeds of Health Elementary School
Timeline.....	Fall 2022 Kick Off 3-year pilot
Curriculum.....	Social Emotional Learning Social Skills Improvement System SEL Edition
Service Delivery.....	BBBS Education Coordinator facilitates weekly classroom sessions SOH teacher is present and assists BBBS staff as deemed necessary

## GOALS

1. Help children understand and manage their emotions, control their reactions, be aware of others' feelings, and develop problem-solving and responsible decision-making skills.
2. Increase scale and serve more children who need assistance reaching their full potential.
3. Provide a mentoring model grounded in our evidence-based experience to deliver positive youth outcomes.
4. Offer a community solution to the concerning social emotional needs of students.

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