## RACE, RELATIONSHIPS, & RESOURCES Articles about diversity, racism, & violence for parents & bigs to support yout



Big Brothers Big Sisters of Metro Milwaukee understands conversations about racism and violence can be difficult and we will never know the perfect thing to say. We have compiled articles about diversity, racism, and violence for Parents and Bigs. Although some articles are geared towards parents as the reader, they all contain helpful information for supporting youth, whether as a parent or a mentor. Bigs and Families are encouraged to reach out to their Match Support Specialists for additional support.

- <u>Ten Tips for Teaching and Talking to Kids about Race</u>
- Four Tips for Having Healthy Conversations with Mentees about Race
- Raising Race-Conscious Children: How to Talk to Kids about Race and Racism
- <u>Talking with Children about Racism, Police Brutality, and Protests</u>
- <u>Talking to Children about Community Violence</u>
- <u>Tolerance.org: Teaching About Race, Racism and Police Violence</u>
- PTA: Discussing Difficult Situations with Your Children
- Black Pain, Black Joy, and Racist Fear: Supporting Black Children in a Hostile World
- <u>Talking To Children After Racial Incidents</u>
- How to Talk to your Children about Protests and Racism
- <u>Supporting Young People in the Wake of Violence and Trauma</u>