

Sophomore Scope & Sequence
Veritas High School
2017-2018

Unit 1: Reconnect
Weeks of September 17th-October 6th

10.1.1	Refresh and Reconnect Purpose: Re-introduces mentees to the goals of the program, norms of the class, and reconnects matches as they share what they did over the summer.
10.1.3	About Us Purpose: This lesson introduces or re-introduces the class culture and norms that staff and students want to build on to maximize chances for success in the 11th grade. iMentor Survey
10.1.4	New Year, New Expectations Purpose: This lesson will introduce priorities for the 10th grade, discuss how and why 10th grade is different from 9th, and ask mentees to draw upon their 9th grade experience to consider how to make their year successful
Event 10.1	Welcome Back - Let's Reconnect! Purpose: Event one is the matches' first meeting since summer break. This experience allows matches to reconnect with each other, the greater program community, and plan for 10th grade.

Unit 2: Setting Goals
Weeks of October 8th-27th

10.2.1	Growth Mindset Revisited Purpose: This lesson will reintroduce mentees to growth mindset and focus on improving mentee performance as program. The ability to assess one's own performance, learn from it, and make improvements will be critical for longer term program and school success.
10.2.2	Getting Better: Pair Strength Purpose: Mentees will reflect on the self-assessment process and identify specific ways

	they can improve as a pair.
10.2.3	Getting SMART: Goals Purpose: This lesson will re-introduce the SMART goal setting framework and help mentees create SMART goals for 10th grade..
Event 10.2	Growth Mindset Purpose: In this event, matches will work together through various activities to model growth mindset and think through areas where they want to see growth this year.

Unit 3: Critical Thinking

Weeks of October 29th-December 27th

10.3.1	What is Critical Thinking? Purpose: This lesson introduces the concept of critical thinking and provides an opportunity for mentees to practice this skill through a variety of activities. This lesson will begin a multi-week unit that will require mentees, with help from their mentors, to learn and demonstrate each of the steps in the critical thinking process to a problem they identify on their own.
10.3.2	Identify the Problem Purpose: Mentees learn how to identify a problem and then articulate it in the form of a problem statement. Mentees will apply this step of the process to the problem that they will be exploring over the next several weeks.
10.3.3	Comprehend the Problem Purpose: Mentees will collect information regarding their chosen topic, identify which sources of information are most reliable, and organize that information in a clear and logical way.
10.3.4	Analyze the Problem: Look at it From Different Perspectives Purpose: Mentees will analyze the information they've collected on their problems and explore different perspectives on how these problems should be resolved.
10.3.5	Create Solutions: Be a Risk Taker Purpose: Mentees will generate a list of potential solutions that might address their selected problems.

10.3.6	<p>Synthesize and Decide: Which Solution is Best?</p> <p>Purpose: Mentees will use assessment criteria to select the strongest solution to their selected problems and predict where this solution might run into challenges.</p>
10.3.7	<p>Reflect and Evaluate: What Did You Learn?</p> <p>Purpose: The concluding lesson of this unit will ask mentees to reflect on the critical thinking process that they followed over the past several weeks. Mentees will create a product that represents this process and what they have learned.</p>
Event 10.3	<p>Critical Thinking Examined</p> <p>Purpose: In this event, mentees will present their work to their mentors, share what they learned, and share what they might have done differently. Matches will discuss how they might apply critical thinking skills during the rest of high school and in preparation for the college process.</p>

Unit 4: Leadership

Weeks of January 21st - February 9th

10.4.1	<p>Defining Leadership</p> <p>Purpose: In this lesson, mentees will explore different definitions of leadership, identify the most important qualities of a good leader, and create their own definitions of leadership based on what matter most to them.</p>
10.4.2	<p>Leaders We Admire</p> <p>Purpose: This lesson will ask mentees to apply what they've learned in the preceding weeks to select and explore different leaders they admire. Discussion will dive into why mentees selected the leaders they did, what about them is so admirable, and what qualities mentees would like to emulate in their own lives.</p>
10.4.3	<p>How I Lead</p> <p>Purpose: This lesson introduces mentees to various types of leadership styles. Mentees will reflect on their personal leadership styles.</p>
Event 10.4	<p>Leadership in Action</p> <p>Purpose: This event will allow mentees to identify their respective leadership styles. Matches will participate in various activities that will help mentees learn more about how they demonstrate leadership in group situations, and how they react to leadership styles</p>

	other than their own.
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Unit 6: Career Exploration

Week of February 11th-March 9th

10.6.1	<p>What's My Why?</p> <p>Purpose: This lesson introduces the importance of "starting with your why". As mentees consider various career and education opportunities, staying anchored to what is most important to them will help them navigate through a long and often times challenging process.</p>
10.6.2	<p>Personality Assessment / Interest Inventory</p> <p>Purpose: This lesson will walk mentees through a personality assessment/skills inventory to help them learn more about themselves, how they learn, and what their interests are, etc., as a means to inform their thinking for future lessons.</p>
10.6.3	<p>Dream Careers</p> <p>Purpose: This lesson will ask mentees to consider what they would attempt to achieve if they knew they would not fail. This lesson will stress big and open ended possibilities, without concern for immediate challenges and barriers.</p>
10.6.4	<p>My Career Roadmap</p> <p>Purpose: After thinking through dream career possibilities in the prior lesson, this lesson will engage mentees to start mapping how they might achieve those dreams with specific questions like: what kind of education do I need, what skills do I need to have, who do I need to know, etc.</p>
Event 10.6	<p>Careers in Action</p> <p>Purpose: In this event, matches will build on their class conversations by discussing potential career pathways for the mentee in greater detail. Mentees will then get a chance to learn more about what careers their mentors have and ask questions.</p>

Unit 7: Building My Resume

Week of March 18th-30th

10.7.1	<p>What is a Resume?</p> <p>Purpose: This lesson will introduce the basics of a resume.</p>
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10.7.2	<p>Starting My Resume</p> <p>Purpose: By utilizing an asset based approach, this lesson will ask mentees to consider what they've done so far that might make onto their resume, i.e. good grades, extracurricular activities, community involvement, etc.</p>
10.7.3	<p>Building My Resume: Skills and Experiences</p> <p>Purpose: Using a growth mindset, this lesson will ask mentees to align their career road maps to their current resumes and think through specific ways they can build it over their remaining years in high school..</p>
Event 9.7	<p>Building My Resume</p> <p>Purpose: In this event, mentees will work with their mentors to build their resumes. Mentors can share their own resumes as an example and explain strategies for building a strong resume.</p>

Unit 8: My College Aspirations

Week of April 8th –May 4th

10.8.1	<p>In 10 Years...</p> <p>Purpose: This lesson will help mentees map out where they see themselves in 10 years.</p>
10.8.2	<p>Why Does College Matter?</p> <p>Purpose: In this lesson, mentees will tackle the question, "Why does college matter?" They will do so by reviewing an infographic on the positive impacts of having a degree and considering tangible examples of ways in which these benefits apply to them.</p>
10.8.3	<p>My Goals, My Path</p> <p>Purpose: In this lesson, mentees will use their long term goals and discussions on why college matters from the previous lessons to assess how much they know about their road to college and career success.</p>
10.8.4/ 10.8.5	<p>LIVE College Ready Now</p> <p>Purpose: Becoming college ready is a process, and it's a process that starts now. In this lesson, mentees will explore a definition for college readiness. They will learn about the LIVE framework and how it can help them prepare for college.</p>

	<p>LIVE During the Summer</p> <p>Purpose: In this lesson, mentees will apply the LIVE framework and explore different ways to use their summers to advance their short- and long-term goals.</p>
Event 10.8	<p>College Bound</p> <p>Purpose: In this event, matches will assess and discuss the mentees' confidence in going to college. Final meeting celebration</p>

Unit 9: Closing Out

Week of May 7th- May 25th

10.9.1	<p>End of Year Reflection</p> <p>Purpose: In this unit and lesson, mentees will reflect on their experiences this year and work on a digital scrapbook that highlights their favorite moments, what they want to achieve next year, and close out by creating a thank you card to each other. In each of the three weeks, matches will focus on a single section of the scrapbook.</p>
10.9.2	<p>My Mission</p> <p>Purpose: In this unit and lesson, mentees will reflect on their experiences this year and work on a digital scrapbook that highlights their favorite moments, what they want to achieve next year, and close out by creating a thank you card to each other. In each of the three weeks, matches will focus on a single section of the scrapbook.</p>
10.9.3	<p>Thank You</p> <p>Purpose: In this unit and lesson, mentees will reflect on their experiences this year and work on a digital scrapbook that highlights their favorite moments, what they want to achieve next year, and close out by creating a thank you card to each other. In each of the three weeks, matches will focus on a single section of the scrapbook.</p>