

#### **Unit 1: My Goals**

### (9/18/17 through 10/3/17)

#### Reconnect

| 12.1.1 | Purpose: This lesson reinforces the importance of being engaged in mentor2.0 lessons<br>each week. Mentees begin to think about their postsecondary path and patterns of<br>behavior that will guide their success post high-school. Mentees learn about managing<br>their time and self-advocacy to be successful.   |
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| 12.1.2 | Interests, Careers, Options<br>Purpose: This lesson assures mentees that there is no one right choice for their post-<br>secondary plan, only good choosing. It supports the idea that each step towards a<br>possible career goal reveals new options. Emphasizes the fact that it is important for<br>mentees to plan their post-secondary life in that it gives them direction and doesn't<br>close off other opportunities. |
| 12.1.3 | Post-Secondary Options<br>Purpose: This lesson reassures mentees that there are multiple pathways to his/her<br>career goals. This lesson speaks to the need for exploring all post-secondary options to<br>have as many opportunities as possible.   |
| 12.1   | Event-Pair Reconnection (Tuesday October 3 <sup>rd</sup> , 2017)<br>Purpose: In this lesson, the match reviews a timeline of what they will accomplish<br>together this year in the program. They will engage in Courageous Conversations to<br>discuss what works and what doesn't in their mentoring relationship. Finally, they'll<br>draft a pair contract for the year to outline how they will work together this year.   |

### **Unit 2: My Options**

# (10/9/17 through 10/31/17)

| 12.2.1 | Keeping Your Options Open<br>Purpose: This lesson helps mentees understand that they can pursue each of their<br>career pathways with the right post-secondary education program. Mentees will<br>research the requirements and find institutions to help them reach their career goals. |
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| 12.2.2 | <u>College Categories</u><br>Purpose: Mentees will select colleges to apply to and understand how to categorize<br>schools on their college list as target schools, safety and reach schools.  |
| 12.2.3 | Program Options<br>Purpose: Mentees will explore post-secondary programs that are not college. If they<br>are good options that will help them reach their career goals, they will add them to<br>their list.  |
| 12.2.4 | Deadlines<br>Purpose: Mentees will identify the admissions option category and deadlines for the<br>colleges/options on their list. They will be informed about the admission process and<br>make a plan for executing it. They will know the deadline for the application season!       |
| 12.2   | Event-College Admissions Project Planning (Tuesday November 7 <sup>th</sup> , 2017)<br>Purpose: During this event, mentees will work on finishing their college list and/or<br>start college applications.   |

### **Unit 3: The College Application**

### (11/6/17 through 12/8/17)

| 12.3.1        | The Application<br>Purpose: This lesson gives students a solid understanding of the Common<br>Application. Provides students a framework for understanding other applications for<br>college, technical schools, jobs, etc.  |
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| 12.3.2        | Essay Topic<br>Purpose: Mentees will learn how the college essay can help admissions counselors see<br>them as more than their grades and scores. They also will learn about the importance<br>and power of story in their essay.  |
| 12.3.3        | Writing Your Story<br>Purpose: This lesson helps mentees learn how to structure their college essay.<br>Mentors primary responsibility for this lesson is to support students in the writing of<br>their essays. Mentors should help students develop their story, ensure they have a<br>clear message and verify that the essay fully responds to the prompt. |
| 12.3.4        | Letters of Recommendation<br>Purpose: This lesson focuses on encouraging students to set a deadline to ask at least<br>two recommenders to write a letter on their behalf Mentors are responsible for<br>ensuring their mentees meet that deadline.  |
| Event<br>12.3 | Application Work Day (Tuesday December 5 <sup>th</sup> , 2017)<br>Purpose: Match will review the mentee's progress on the different parts of their<br>applications: Application, Transcripts, Essay, and Recommendations. Matches will<br>also review their post-secondary project schedule to confirm all upcoming deadlines.                                 |

### **Unit 4: Paying for College**

### (12/11/17 through 1/09/18)

| 12.4.1        | <u>Types of Financial Aid</u><br>Purpose: During this lesson, context will be provided for the different types of aid and<br>addresses some of the concerns specific to first generation students.   |
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| 12.4.2        | FASFA Review<br>Purpose: Mentees will create their FSA ID during this class. Mentees will be<br>reminded of the FASFA deadline and communicate with mentors about it.  |
| 12.4.3        | Working with You Parents on the FAFSA<br>Purpose: This lesson focuses on mentees understanding their personal responsibility<br>in gathering the needed information and initiating conversations with their parents.<br>The discussion of the role of parents will be covered. A deadline will be set for<br>students to gather the needed information for completing the FASFA. |
| Event<br>12.4 | Financial Aid (Tuesday January 9 <sup>th</sup> , 2018)<br>Purpose: The primary goal of this event is for students to complete their FASFA.<br>Parents/guardians will be invited and encouraged to attend. Matches should focus on<br>FASFA completion.   |

### **Unit 5: Life After High School**

# (1/22/18 through 2/6/18)

| 12.5.2        | Beyond Academics<br>Purpose: In this lesson, mentees will learn about the impact that involvement outside<br>of academics can have on their personal growth. Mentees will understand that they<br>can and should get involved in their college or community life after high school.                 |
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| 12.5.3        | Coping with Stress<br>Purpose: This lesson will provide mentees a host of strategies for handling the stress<br>they will encounter after high school, particularly in college. Mentees will<br>understand that stress, mistakes, challenges, and setbacks are an important part of the<br>process. |
| 12.5.4        | Social Life<br>Purpose: Mentees will learn about the importance of balancing a social life with<br>school and/or work. Mentees will understand how their social life can help them<br>cultivate social capital to support their academic or work life.  |
| Event<br>12.5 | Planning for the Future (Tuesday February 6 <sup>th</sup> , 2018)   Purpose: Mentees will plan to visit colleges and/or potential jobs. They should begin to plan for their summer or complete applications for gap year programs or community colleges which may have later deadlines.             |

### **Unit 6: Navigating the Financial System**

### (2/12/18 through 2/9/18)

| 12.6.1        | Navigating Finances<br>Purpose: This lesson is designed to get mentees thinking about their personal<br>expenses and spending habits. Mentees will learn the difference between expenses<br>that stay the same and fixed expenses. This lesson will also cover how mentees can<br>control their money.  |
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| 12.6.2        | Navigating Credit<br>Purpose: This lesson is designed to introduce the 3 main ways of paying for things<br>without cash. It examines the differences across a credit card, debit card, and prepaid<br>debit card. Mentees will learn about building credit responsibly and how this will<br>allow them to make big purchases in the future like purchasing a car or a home. |
| 12.6.3        | Navigating Bills<br>Purpose: This lesson builds on the previous lesson on credit/debit. Mentees learn<br>more about the importance of paying bills on time and avoiding fees, debt, and losing<br>services. Mentees will learn what to consider when choosing a bank and what a<br>checking and savings account can do for them in maintaining their finances.              |
| 12.6.4        | Working in College<br>Purpose: This lesson focuses on balancing work with school. Mentees will learn the<br>significance of setting clear goals for working in college and the importance of<br>making sure they have enough time for school work. Mentees will also learn the<br>benefits of working on their prospective campus.  |
| Event<br>12.6 | Planning for Success (Tuesday March 6 <sup>th</sup> , 2018)<br>Purpose: In this event, matches will focus on creating and maintaining a budget.   |

### **Unit 7: Choosing the Best Path**

### (3/12/28 through 3/27/18)

| 12.7.1        | Fit Factors<br>Purpose: This lesson includes a review of concepts covered in the 11 <sup>th</sup> grade material<br>on fit-factors for choosing a college. Mentees will be asked to consider what these<br>mean for them in light of their actual post-secondary options and this will lay the<br>foundation for unit 7.   |
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| 12.7.2        | Financial Aid Award Letter<br>Purpose: This lesson will define and identify the different parts of a financial aid<br>award letter. Mentees will learn what they should consider while reviewing it.<br>Mentees will learn that cost is one factor they should consider towards making the<br>best choice of where to go to college but that it's not the only factor. |
| 12.7.3        | Net Cost<br>Purpose: This lesson is designed to help mentees calculate the net cost of attending<br>their prospective colleges. They should evaluate each of their options using their<br>college fit factors to help determine the best choice.   |
| Event<br>12.7 | Making the Best Choice (Wednesday April 11 <sup>th</sup> , 2018)<br>Purpose: The goal of this event is for students to come to a final decision about which<br>post-secondary option they will choose to accept for next year. Mentees should bring<br>copies of all financial award letters and materials from colleges/programs they have<br>been accepted to.       |

### **Unit 8: Cultivating Social Capital**

### (4/9/18 through 5/1/18)

| 12.8.1        | Reflection on Social Capital<br>Purpose: This lesson is designed to define social capital and how to build it in order to<br>be successful in school and beyond. Mentees will learn how different people,<br>communities, and resources have helped them be successful in high school.   |
|---------------|--|
| 12.8.2        | Communities of Support<br>Purpose: In this lesson, mentees examine why it is important to build social capital<br>and identify the types of people, groups, and offices they should get to know.<br>Mentees will review common challenges students face in college and beyond and<br>figure out which people/offices can help them.  |
| 12.8.3        | Cultivating Social Capital<br>Purpose: In this lesson, mentees will learn how academic advisors and college<br>professors can help them in college.  |
| 12.8.4        | Finding Your Place<br>Purpose: In this lesson, mentees will learn about the potential of feeling out of place<br>whether because of race/ethnicity, gender, religion, income background, or something<br>else. Mentees will learn how to engage with people who are different than them as a<br>way of experiencing something new and pushing themselves out of comfort zones.   |
| Event<br>12.8 | Cultivating Social Capital (Tuesday April 1 <sup>st</sup> , 2018)<br>Purpose: Mentors will share the people, communities, and resources that they<br>accessed in college and how it benefitted them after college. Mentees will learn why<br>it is important to build social capital and identify the types of people, groups and<br>offices they want to get to know. They will practice introducing themselves to their<br>academic advisor. |

# **Unit 9: Preparing to Transition**

### (5/8/18 through 5/24/18)

| 12.9.1 | My Matriculation Plan<br>Purpose: This lesson introduces students to the Matriculation Plan tab of their Post-<br>Secondary Success Plan. The plan is specific to mentees who have enrolled in and<br>plan to attend college, technical school, or another program next year. Students who<br>are still unsure what they will do after high school can work on "Managing a Career<br>Plan" tab of the PSSP plan instead. |
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| 12.9.2 | Introduction to Post-Secondary Program<br>Purpose: This lesson introduces students to how the program changes from HS to<br>Post-Secondary. This lesson introduces the idea that students have the option whether<br>or not to continue in the program once they graduate.   |
| 12.9.3 | Being a Post-Secondary Pair<br>Purpose: This lesson will provide mentees with information regarding continuing the<br>match relationship post-graduation from HS. Mentees will make a plan for how and<br>when they will communicate with their mentor over the summer. This lesson focuses<br>on explaining what successful pairs look like beyond the program.   |
|        | EOY Senior Class Bash TBD-Details will be forthcoming  |

#### EVENT DATES 2016/17 School Year

October 3<sup>rd</sup>

November 7<sup>th</sup>

December 5<sup>th</sup>

January 9<sup>th</sup>

February 6<sup>th</sup>

March 6<sup>th</sup>

April 11<sup>th</sup>

May 1<sup>st</sup>

May – EOY Senior Class Bash TBD-Details will be forthcoming...