

Freshman Scope & Sequence
Veritas High School
2017-2018

Unit 1: Building Strong Relationships
Weeks of September 17th-November 10th

9.1.1	<p>Introduction to iMentor</p> <p>Purpose: This lesson introduces new mentees to the iMentor program. It introduces them to program goals, expectations, and common vocabulary they will experience throughout the program.</p>
9.1.2	<p>Application</p> <p>Purpose: Mentees will explore more detailed information about the program and begin their matching applications.</p>
9.1.3	<p>Survey</p> <p>Purpose: Mentees will be introduced to the purpose and process of surveying in the program and complete their first program survey.</p>
9.1.4	<p>About Us</p> <p>Purpose: This lesson will introduce the idea of classroom culture and teamwork and provide mentees with an opportunity to create class norms and behaviors regarding the way mentees engage with the curriculum, their mentors, their staff member, and their peers.</p>
9.1.5	<p>About Me: I Am From</p> <p>Purpose: This lesson is the entry point for the mentee/mentor relationship. This lesson helps prepare both mentees and mentors communicate appropriate personal information about themselves as they enter into the mentee/mentor relationship.</p>
9.1.6	<p>About Me: I Am</p> <p>Purpose: Continuation of previous week's activity, but delivered as a poster and focused on a different subset of questions that focuses on students' current identity, community, context, and goals.</p>

9.1.7	<p>Finding Similarities and Celebrating Differences</p> <p>Purpose: Pairs will apply lessons from a parable to identify and celebrate the similarities and differences between them and their mentors.</p>
Event 9.1	<p>Welcome to iMentor - Getting to Know Each Other</p> <p>Purpose: During event one, pairs will meet face to face for the first time. This experience both connects mentors and mentees to each other and allows the pair to establish a relationship with the greater program community.</p>

Unit 2: Becoming a Pair

Weeks of November 12th-December 22nd

9.2.1	<p>Healthy Relationships</p> <p>Purpose: This lesson will introduce the behaviors that encourage and develop healthy relationships. Will also explore how a healthy relationship with a mentor can positively impact mentees.</p>
9.2.2	<p>Interview Your Mentor</p> <p>Purpose: In this lesson, mentees will continue to get to know their mentors by generating a list of questions for things they'd like to learn more about.</p>
9.2.3	<p>Becoming a Pair</p> <p>Purpose: This lesson will have pairs explore the various give and gets in a relationship and will help them share their expectations of each other.</p>
9.2.4	<p>9th Grade SMART Goals</p> <p>Purpose: This lesson will help mentees create SMART goals for the 9th grade.</p>
Event 9.2	<p>Our Journey Together</p> <p>Purpose: Mentees and mentors will discuss important milestones over their next</p>

	several years together and draw road maps to illustrate their journey. Pairs will use this activity to begin talking about how they can support one another through these milestones.
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Unit 3: Growth Mindset

Weeks of January 8th - February 2nd

9.3.1	<p>Growth Mindset</p> <p>Purpose: This lesson introduces pairs to both fixed and growth mindset and how both affect learning.</p>
9.3.2	<p>What Are You Best At?</p> <p>Purpose: Lesson focuses on the something that mentees and mentors excel in, reflect on how they became good, and think through how they might apply that same process for improving in high school. Emphasis on learning how to learn.</p>
9.3.3	<p>Changing My Mindset</p> <p>Purpose: Lesson will have pairs reflect and apply what they've learned in prior weeks about growth mindset to something specific they want to improve upon critical for success in high school.</p>
Event 9.3	<p>Growth Mindset</p> <p>Purpose: In this event, mentees and mentors will work together through various activities to model growth mindset and apply their learning to their relationship and experience as a pair.</p>

Unit 4: Grit and Resilience

Weeks of February 5th – February 28th

9.4.1	<p>Bouncing Back and Pushing Through</p> <p>Purpose: This lesson will introduce the concepts of resilience and grit. It will explore and normalize failure as a part of the learning process.</p>
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9.4.2	<p>Resilience and Grit in High School: Academics</p> <p>Purpose: Lesson will explore the academic challenges that students will face in high school and how to practice resilience and show grit as they face them.</p>
9.4.3	<p>Resilience and Grit in High School: Social</p> <p>Purpose: Lesson will explore the varying pressures that are a part of high school: friends, family, school, and community.</p>
9.4.4	<p>Staying on Track</p> <p>Purpose: This lesson engages pairs in understanding what it means to stay on track to graduate from high school.</p>
Event 9.4	<p>Problem Solving Challenge</p> <p>Purpose: Pairs will discuss the skills that are important for identifying and solving problems. Pairs will then practice these skills by using them to develop an action plan for a challenge that either the mentee or mentor is currently facing, and acting this action plan out with peers.</p>

Unit 5: Self-Advocacy

Week of March 4th -March 23rd

9.5.1	<p>What is Self-Advocacy?</p> <p>Purpose: This lesson will introduce the concept and importance of self-advocacy to mentees.</p>
9.5.2	<p>How Do I Learn?</p> <p>Purpose: This lesson will encourage students to reflect on their individual learning preferences and how to advocate for a learning experience that accommodates those preferences.</p>
9.5.4	<p>How Do I Advocate?</p> <p>Purpose: Building on prior week's learning, this lesson will focus on working</p>

	through various scenarios where advocating for yourself will be important.
Event 9.5	<p>My Success Network</p> <p>Purpose: This event will focus on creating a plan to build the mentee's success network, a combination of people and resources the mentee can turn to for support as part of their high school journey.</p>

Unit 6: Future Focused

Week of March 25th - April 27th

9.6.1	<p>Treasure Hunters and Trash Collectors</p> <p>Purpose: In this unit, mentees will be introduced to optimism, its qualities and the role it will play in their future. In this lesson, mentees will review the definition of optimism and assess their own approach and perspective using the optimism/pessimism lens.</p>
9.6.2	<p>My Treasure</p> <p>Purpose: In this lesson, mentees will build on the previous lesson by defining their visions for success and identifying the role of optimism in achieving this vision.</p>
9.6.3	<p>Doing What You Love</p> <p>Purpose: In this lesson, mentees will connect their self-identified passions and visions for success to extracurricular opportunities that they can pursue in high school.</p>
9.6.4	<p>My Aspirations</p> <p>Purpose: In this lesson, mentees will begin to envision themselves as college students and build excitement about the experience.</p>
Event 9.6	<p>Dream Big</p> <p>Purpose: Pairs will brainstorm on where they want to be 10-15 years from now. With an emphasis on dreaming big, pairs will be given an opportunity to</p>

	document (i.e. draw, list, etc.) these dreams and discuss how they might achieve them.
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Unit 7: Social Capital Skills

Week of April 29th - May 18th

9.7.1	<p>What is Social Capital? Purpose: Introduction to social capital skills.</p>
9.7.2	<p>Social Capital in Action Purpose: In this lesson, mentees will apply what they learned about social capital skills in the prior lesson to achieve specific tasks.</p>
9.7.3	<p>Social Networking and Media Purpose: In this lesson, mentees will explore the benefits of using social media to build their networks, provide an outlet for their voice, and bring about needed change.</p>
Event 9.7	<p>Social Networking Purpose: In this event, pairs will work through different activities to model and practice making strategic connections that can support their personal, academic and professional goals.</p>

Unit 8: Closing Out

Week of May 20th

9.8.1	<p>End of Year Recap and Reflection Purpose: Mentees will recap what they accomplished this year and reflect on their experiences with their mentors.</p>
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